

# WATERSHED VIEWS

NEWSLETTER OF THE KEZAR LAKE WATERSHED ASSOCIATION

FALL 2015



Albany South streams

## An Update on Albany South

**A**lbany South is an “Integrated Resource Management Project” of the White Mountain National Forest that spans 7,500 acres from behind the north end of Kezar Lake, eastward behind Virginia and Keewaydin Lakes, and toward Routes 5 & 35 in Stoneham. While there are some recreational, wildlife and water resource goals involved in the project, the most evident activity will be timber harvesting.

### September 6 Albany South Informational Meeting

On Sunday of Labor Day weekend, the Kezar Lake Watershed Association hosted an Albany South Informational Meeting to a packed room of concerned residents at the Charlotte Hobbs Library. The purpose of the meeting was to provide people with the knowledge to better understand the upcoming Draft Environmental Assessment (EA) and to describe the timeline going forward so that everyone can participate in the process on an informed basis.

KLWA trustee, Lucy LaCasse, gave a fact-based presentation that summarized each of the Alternatives under consideration by the Forest Service and their potential impact to Kezar Lake and our watershed.

- Alternative 1: No action
- Alternative 2: The Current Proposal, which involves logging on 1,017 acres in the Kezar Lake Watershed
- Alternative 3: Reduces timber harvesting to 394 acres in the watershed
- Alternatives 4 & 5: Modifications of the prior plans, which address road construction and access to the harvest sites

Particular emphasis was given to Kezar’s headwater streams, which are the lifeblood of the Kezar Lake Watershed and are critical to the physical, chemical and biological mechanics of the watershed. There are many dozens of small streams that flow into Great Brook that, in turn, provides 1/3 of Kezar’s inflowing waters. KLWA is concerned that many of these streams are not mapped and that the Forest Service’s buffering guidelines are inadequate. LaCasse referenced a recent EPA Report, which concludes that “The scientific literature unequivocally demonstrates that streams, regardless of their size or frequency of flow, are connected to downstream waters and strongly influence their function.”

LaCasse also described the impact of increased significant rain events on Kezar’s forested watershed — flooding, erosion, and spikes in acidity, etc — and how those impacts would be intensified when the mountainous terrain is logged.

Given the various concerns, the Kezar Lake Watershed Association has developed a Position Statement on Albany South.

### KLWA meeting with the Forest Service

In mid-September, representatives from KLWA met with the Forest Service and discussed Albany South; reviewed the information presented on September 6; reiterated KLWA’s position on Albany South; and gained some clarity on the timeline moving forward. The meeting was cordial, respectful and productive.

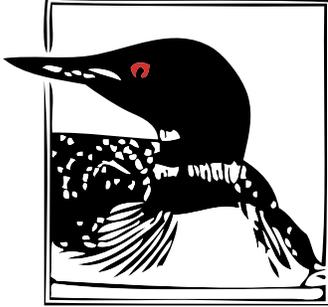
### Proposed Time-line Moving Forward:

- Albany South Draft Environmental Assessment (EA)  
The Forest Service’s Draft Environmental Assessment (aka 30-Day Comment Report) for Albany South is scheduled to be released in late October/early November, presumably while this newsletter was being printed. Updates are on our Web site.
- 30-Day Comment Period  
Once the draft Environmental Assessment (EA) is released, the 30-Day Comment Period begins. The Forest Service welcomes your comments. The KLWA Board will submit comments on behalf of its membership, but also encourages individuals to submit their own comments, questions and concerns. Comments can be submitted to Albany South’s Interdisciplinary Project Leader, Pat Nasta, at [pnasta@fs.fed.us](mailto:pnasta@fs.fed.us)
- April 2016: After considering the comments, the Forest Service will release a Draft Decision for Albany South and its Final Environmental Assessment
- This will be followed by a 45-Day Objection Period
- June - July, 2016: The FS will address any objections raised and will meet with individuals/groups to resolve objections.
- August 2016: The Forest Service hopes to present its Final Decision for Albany South

To view the Sept 6 presentation, read KLWA’s position statement and read updates on the Albany South project, we encourage you to visit KLWA’s Web site ([www.klwa.us](http://www.klwa.us)) or contact Lucy LaCasse ([wnder@aol.com](mailto:wnder@aol.com)).

### STAY INFORMED!

Send us your e-mail address and we’ll provide important updates if needed. Simply click the “Contact Us” button on our Web site ([KLWA.us](http://KLWA.us)), or send an e-mail directly to [info@KLWA.us](mailto:info@KLWA.us).



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### Kezar Lake Watershed Association

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## President's Message

by JIM STONE

As the newly elected President of the KLWA, this is my first opportunity to address the membership. Reading through this newsletter, you will discover that the KLWA has had a very active and successful year fulfilling our mission to preserve and protect our watershed.

There are many subjects I could write about, but I would like to focus on two important topics: the results of our strategic efforts to build closer working relationships with other groups in our watershed and the Lakes Region; and the potential impact of the US Forest Service logging project known as Albany South.

### Partnerships

The KLWA Board feels strongly that it must be relevant to both the seasonal and year-round residents of the watershed. Our working together is the best way "to preserve and protect the watershed." To accomplish this, we have strived to develop a collaborative relationship with the Selectmen

and other Town officers, as well as other environmental groups like LIPPC and the GLLT. Examples of these partnering efforts include the following:

- Funded a culvert study for the town of Lovell. This detailed analysis identified those culverts requiring serious repair, which should reduce the risk of overflow into the watershed;
- Supplemented the Town's budget for the Warden Service to enable stronger coverage on the lake;
- Currently in discussions with the Town on making our Lake Patrol Boat available for their use in responding to emergencies, thus saving valuable response time;
- Board members manned a Courtesy Boat Inspection Day in the narrows for LIPPC and a number of our Board members are Shoreline Stewards in the LIPPC program;
- And finally, we have met

with other lake associations to ensure we are using best practices in our water testing.

### Albany South

For the past three years, the KLWA has monitored the progress of the US Forest Service logging project known as Albany South. As of this writing, the Forest Service has not released its draft report of exactly where the logging is to be done, but there is the potential for a significant amount of it taking place in the Great Brook watershed at the north end of Kezar Lake.

We will keep the membership informed via our Web site, [www.klwa.us](http://www.klwa.us), and I encourage you to follow developments closely.

In closing, I would like to thank the members of our Board for their commitment and many hours of service this year. Please also know how much we appreciate your generous support. We welcome your ideas and perspectives and look forward to working closely with you in 2016. ♣

## Membership Letter

by JIM STONE

We would like to thank all of our 2015 members who generously donated over \$30,000 during the first ten months of this year. We have put your money to good use as explained by the articles in this newsletter. In addition, many board members found time to volunteer their services as courtesy boat inspectors and shoreline stewards.

As you read this newsletter, I hope you will feel as I do, that our association had a

busy and productive year and that we are continuing to do everything we can to preserve this uniquely beautiful natural resource we all enjoy so much. This could not have been achieved without the hard work and generous financial support of our members.

As of the third quarter, we are \$7,000 short of our goal of \$37,000 for the fiscal year 2015. These results are in line with last year's pace and illustrate the importance of 4th quarter support from our members.

The KLWA is a totally volunteer organization and relies on member contributions for its annual expenses. Without your ongoing support we could not continue the programs necessary to preserve our watershed.

If you are a KLWA member, thank you for your support and if possible, please include the association when you are considering year end gifts. If you are not a member, please join us now in this important work. ♣

# Loon Report 2015

by ED POLIQUIN

**T**he loon nesting rafts that were installed this spring have been removed and stored. Thanks to the volunteers who did this work.

Since we did not get the heavy rains in June like the previous three years, this led to a very productive nesting season; eight nesting pairs produced eggs in the watershed. It appears that seven chicks survived.

Unfortunately, the eggs for three pairs did not hatch. Middle Bay of Kezar produced two chicks, but sadly an eagle ate one. There were three chicks on Lower Bay, making a total of four in Kezar Lake.

The first week in October, I checked on these chicks. All four

are healthy and close to adult size. So predators consumed one chick out of five. Heald Pond has a surviving chick and there are two on Horseshoe Pond.

I fished eighteen different lakes in this area and saw loon chicks on all of them; many had platforms. Word has gotten out about our nesting platforms and I helped with the construction of one for Keewaydin Lake. There was one built and installed on Virginia Lake, as well. That platform, I was told, produced chicks this year.

The combination of no heavy flooding rain events in June and the placement of platforms led to a very productive year for loons.



Loon platform on Kezar lake

HEINRICH WURM



## 2015 Annual Meeting

**T**he 2015 annual meeting of the KLWA was held on Saturday, July 11, at the Lovell United Church of Christ.

The membership was updated on the new Web site, lake patrol, membership and finances, proposed changes to the By-Laws, Joan Irish award, Albany South timber project of the U.S. Forest Service, status of the fishery in the lake, loon count and loon platform use, water quality in the lake and ponds, Climate Change Observatory and nominations to the Board of Trustees.

*A well-known expert and frequent presenter on climate change, Liz provided a fascinating perspective on the emerging effects of this phenomenon in Maine.*

The membership welcomed Jim Stone as the new president of KLWA, replacing Ray Senecal who has served in that role with distinction for the past three years. Bob Winship, Lynda Rasco and Wes Huntress were also welcomed as new members of the Board, each to serve three-year terms.

Attendees at this year's Annual Meeting were most fortunate to welcome Elizabeth

Hertz as our keynote speaker. Liz is the Director of Maine's Municipal Planning Assistance Program, within the Department of Agriculture, Conservation and Forestry. A well-known expert and frequent presenter on climate change, Liz provided a fascinating perspective on the emerging effects of this phenomenon in Maine. Framing her presentation with the core questions of "What we Know?" and "Why it Matters?", she began with a series of slides depicting evolving public perception of the reality, immediacy and potential threats posed by our changing climate. She then offered a series of interesting and sometimes surprising observations of what is already happening in Maine, and what might ultimately be observed within the Kezar Lake Watershed.

An accomplished presenter, Liz moved easily from key sources of technical data to broadly recognized trends in baseline weather patterns and the emerging frequency of major storm events. Her message was illustrated with a practical assessment of both the major challenges and the opportunities ahead. She fielded questions from an engaged audience for more than twenty minutes following her formal presentation and was warmly applauded at its conclusion. It was both an informative and entertaining experience for all of those in attendance.

# Water Quality: Celebrating the Secchi Disk Results

by HEINRICH WURM

There are several reasons why this report is dedicated to Angelo Secchi, an Italian astronomer and Jesuit priest, who came up with the idea for using a plain white disk to measure water clarity by following its immersion and disappearance to view at increasing depth. 2015 marks the 150th anniversary of this simple invention, which truly stood the test of time and — despite remarkable advances of technology in this field — remains the mainstay of professionals and citizen scientists monitoring water quality in lakes and ponds around the world.

Our Secchi disk records for Kezar Lake date back to 1969 and this year we reached a high point of 10.6 meters in the Upper Bay, which comes close to a record of 11.6 meters set in 1996. Indeed, this was a very good year for our watershed as water quality, loons and people benefitted greatly from a well-balanced weather pattern. The full report of our water quality measurements will be displayed on our new Web site.

This spring, we commissioned FBE to provide us with a ten-year strategic water quality management plan to outline what could be done for our watershed as technology advances and potential threats arise. As mentioned previously, this watershed has little or no limestone and is highly susceptible to acidity from rain and surface water. Such lack of buffer capacity, as reflected in low alkalinity measurements in all of our lake basins and ponds, is of particular concern when soil disturbance of any kind — atmospheric or man made — occurs in the watershed and has us reach out to universities and consultants for counsel.

On a more positive note, this year marks the return of volunteer monitoring activity to Kezar Lake. Since FB Environmental do their extensive measurements of water chemistry, color and transparency only three times per season, we added Secchi disk measurements in Kezar Lake at two week intervals from June



to October by yours truly. Both Horseshoe Pond and Farrington Pond already have volunteers providing additional monitoring and our goal is to recruit more individuals willing to become certified to perform this task. Ideally, each pond and each lake basin would benefit from a couple of volunteers who have the time and availability to help. The Maine Volunteer Lakes Monitoring Program (VLMP) provides training and instruments.

To close on another historic note: the Secchi disk we use today was modified by George C. Whipple, the founder of the Harvard School of Public Health and has alternating black and white quadrants. Measurements are made using an “aquascope,” a 36-inch tube that focuses the observer on the descending disk. Interested? Give us a call or e-mail me at [whwurm@gmail.com](mailto:whwurm@gmail.com).

## 2015 Fishing Report

by ED POLIQUIN

This spring during the spawn, I went to the specific areas I have visited for the last six years to observe smallmouth bass beds on Kezar Lake. I started to do this in 2009 because I was seeing a definite decline in the quantity of the beds.

This year showed by far the worst decline I have seen on Kezar. Areas where many beds existed years ago had none at all. I went to other lakes and found lots of beds similar to what Kezar had previously.

The crayfish that smallmouth feed on are practically nonexistent. Talking to a scientist who monitors Kezar for the KLWA, I learned that we have a very low amount of dissolved calcium carbonate in the lake. Crayfish need a certain level of calcium carbonate to form a shell. We have 4ppm of dissolved calcium carbonate in the lake, down from 7 ppm that existed in the 1980s. That is a 50% decline in the level and certainly correlates with the smallmouth bass and crayfish decline. Scientists I have spoken to like to see levels between 8 to 12 ppm dissolved calcium carbonate.

Kezar has no buffering capacity for acid rain and we are in

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*Kezar has no buffering capacity for acid rain and we are in the belt that brings it in from Midwest coal plants. In other words, our area features granite bedrock with no limestone to filter acidity.*

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the belt that brings it in from Midwest coal plants. In other words, our area features granite bedrock with no limestone to filter acidity.

I did see largemouth bass beds in scattered locations on the lake and that species seemed to be doing okay. Also, I have observed lots of largemouth fry this season.

On another note, the occurrence of fishing lines and tackle abandoned in the lake seemed to be less this season. I only had to pull out line and hooks in two areas. Wes Huntress's shoreline stewards may be finding some and removing it, helping to solve this problem.

# Climate Change Observatory in Action

by DON GRIGGS

**N**ow in its second year of activity, KLWA's Climate Change Observatory (CCO) had a busy and productive summer. Our goal is to provide relevant information and guidance on how our climate is changing, its impact on people and wildlife, how we might adapt, and what is likely to happen in the future.

## KLWA/CCO Web Site

Over the past year, CCO has developed Web content for the KLWA site that tells the story of climate change within our watershed in a format that is both accessible and understandable. This site now summarizes data collected over several decades, clearly illustrating major trends as well as the effects on many wildlife and plant species. Another key document to communicate CCO results is our 2015 Annual Report, which is posted on the Web site.

## Sampling Kezar Lake Sediments

On June 28, CCO collaborated with Plymouth State University in New Hampshire to organize another sampling of Kezar Lake sediments. Dr. Lisa Doner, a paleo-limnologist with Plymouth State's Center for the Environment, took two longer cores from Kezar Lake to answer some questions raised by the cores taken in February of this year.

The goal of the sediment core sampling project is to determine the source and composition of the sediments in the lake; how quickly sediment is accumulating; and how Kezar Lake and its tributaries have been affected over time by environmental impacts. The preliminary results of the analysis of these sediment cores is contained in the CCO Annual Report.

## Summer Intern

The CCO was very fortunate to have a paid intern for six weeks this summer. Chelsea Berg, a graduate fellow from Plymouth State University, was instrumental in researching and compiling climate change data, developing children's activities for Old Home Days, and participating in water quality data collection. Depending on available funding, the CCO hopes to repeat this valuable experience.



CCO summer intern, Chelsea Berg gives instructions on how to use the secchi disk at Lovell Old Home Days



Larry Fox checks culverts

## Culvert Survey

The CCO also aims to provide analysis that is of direct practical value to local citizens and decision-makers. Mitigating the potential destruction of severe rainstorms is a case in point. Climate change has been widely recognized as a factor in the increased frequency of intense rain in recent years—storms that overwhelm drainage infrastructure, damage roadways and property, and contaminate adjacent waters.

As exposure to these events increases with climate change, it is especially important for municipalities to regularly inspect and maintain stormwater culverts. Culverts control the movement and direction of runoff entering Kezar Lake from the surrounding landscape. Those that are undersized can cause significant erosion of stream banks and road shoulders. This phosphorus-laden material then enters the stream channel and makes its way to the lake, serving as fuel for algae growth. Working with the Lovell Public Works Department and FB Environmental technical staff, KLWA volunteers conducted a survey of 211 culverts on Town roads in the watershed. Fifteen culverts were determined “high priority” for immediate replacement by the Town. Results and recommendations of the study were presented to the Lovell Selectmen in August.

## Finding Volunteers for Future Projects

There are many opportunities for those who love the outdoors to be part of a CCO field project. Important volunteer activities include the following: measuring water clarity, observing fish, plants and other wildlife for reaction to changes in climate or water quality; recording more detailed observations of individual species (plants and wildlife) for early signs of climate-related change; and on-line research in support of CCO fact finding and analysis.

To further engagement with the wider watershed community, the Steering Committee is also looking for community organizations interested in hosting a presentation for their members about climate change in Maine and in our watershed. We are also interested in working with the schools to incorporate more hands-on activities involving kids in climate change observations.

To learn more and see how you personally can participate in the Climate Change Observatory activities, contact Don Griggs (griggds@aol.com), Ray Senecal (ray.senecal@comcast.net), Lucy LaCasse (wnder@aol.com) or Heinrich Wurm, (whwurm@gmail.com).

# Tin Mountain Campers Explore the Kezar Lake Watershed

by LUCY LACASSE

One of this year's KLWA Outreach Initiatives was to sponsor a camper for Tin Mountain Conservation Center's Peaks & Paddles Expedition Camp for ages 10-

11. KLWA is excited to have this relationship with Tin Mountain and, in early August, a very enthusiastic group of campers and counselors experienced various aspects of the

Kezar Lake watershed.

With the help of local "guide" and KLWA trustee, Ed Poliquin and his wife, Jean, the young adventurers canoed Sucker Brook and had a

great time swimming off the Poliquins' dock. On another day, the group paddled around Kezar's north end with loons as their companions.

For their overnight outing, the intrepid campers tented on KLWA trustee, Lucy LaCasse's property off Hut Road, where they explored Great Brook and played many games.

On their final day, the kids appreciated a celebratory ice cream after gaining a bird's-eye view of the watershed from the top of Sabbattus Mountain.

In the words of one of the counselors, "It was a wonderful week and the kids really enjoyed it!"

The Kezar Lake Watershed Association intends to provide another scholarship for a Tin Mountain camper next year. If you know a local youth who would enjoy this experience, please contact Tin Mountain's Education Director, Lori Kinsey at [lkkinsey@tinmountain.org](mailto:lkkinsey@tinmountain.org).



LUCY LACASSE



## Lake Patrol Update

by DAN OUELLETTE

A beautiful Labor Day weekend marked the end of another successful season for the KLWA Lake Patrol. This year shared both similarities and some differences from prior experience. There were the usual number of minor rescues attributable to mechanical problems or

submerged rocks, occasional reminders on guidelines for speed and distance from shore, and the provision of personal floatation devices when needed.

What made this year somewhat different was the arrival of a new Lake Patrol officer, T.J. Herlihy. T.J. moved into the role when our former Lake

*The primary role of the Lake Patrol is to provide, in an advisory capacity, a presence that encourages safe and responsible boating.*

Patrol officer, Jerry Littlefield, decided to retire. By all accounts, T.J. had a rewarding experience on the lake and we hope that many of you had a chance to meet him.

The primary role of the Lake Patrol is to provide, in an advisory capacity, a presence that encourages safe and responsible boating. It is equally critical for the Lake Patrol officer to be a strong and positive representative of KLWA. This role of steward on the water is also shared with the Maine Warden Service, which provides a different, but complementary service. With full enforcement and citation authority, the Warden Service brings an official law enforcement presence

to the lake on a periodic basis.

This year, KLWA collaborated with the Town by supplementing Lovell's annual budget for Warden Service by an additional \$1,500. While it's not possible to explicitly coordinate schedules on the lake, the objective was to explore the effect of providing additional capacity for Warden Service in collaboration with Lake Patrol. Early reports seem positive, but there are also plans to more formally review this experience with Town Selectman and the Warden Service later this fall.

Membership surveys have consistently indicated that Lake Patrol is one of the highest priority programs funded by KLWA. Because this year was different in several respects, it would be helpful to hear any observations that you may have on the program or the attempt to balance both Lake Patrol and Warden Service presence on the lake. Please send comments to [info@klwa.us](mailto:info@klwa.us) with Lake Patrol in the subject line.

## News From LIPPC

by DIANE CARACCHIOLA, COMMITTEE CHAIR

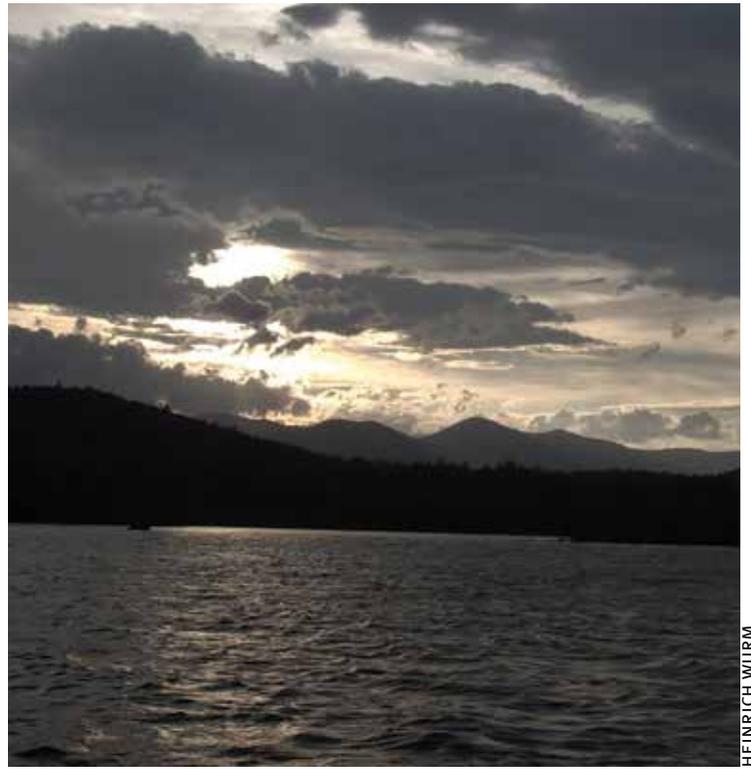
One of LIPPC's goals this past summer was to increase awareness of invasive plants within the community when there are so many more people out and about. The booth at Lovell Old Home Days, the presentation at the library by the VLMP with actual invasive plants to identify, the Invasive Patrolter Workshop and the dock drop by our stewards all helped move toward this goal.

Education and knowledge play a huge role in keeping invasive plants out of our watershed. Most infestations in Maine waters have been found by people observing changes, not by the invasive experts. Every one of us is important in this battle. We would like to thank everyone who gave their time participating in or helping out at all these events and we would also like to thank the Kezar Lake Marina for its support and raffle prizes at LOHD.

Thanks to all of your donations, the Town of Lovell and the grants received, the Courtesy Boat Inspection program was able to provide coverage at both ramps on Kezar seven days a week for 11 hours a day. A roving inspector also checked activity at the other bodies of water in the watershed. In addition, we are one of the only programs in the state that continues inspections through October.

We would like to thank the Kezar Lake Watershed Association, the Greater Lovell Land Trust and Stearns Road Association for all volunteering to take a day at the ramp. The effort made by these groups is instrumental in our success for fundraising and grants. We hope all will be back next year!

As this article goes to print, Lakes and Watershed Research Management Associates is conducting the survey on the portion of the watershed that was allocated for 2015. The survey portion for this year includes Kezar Lake (North Bay, Middle Bay & the Narrows) and the ramp at Horseshoe Pond. Over the winter we



HEINRICH WURM

will formulate our plan for 2016 and would love any input or help you can offer. The committee is actively searching for more members so we can do even more. Please let me know of any ideas or if you would be interested in attending a meeting to observe the committee's work. Contact me at [caracciolo.diane@gmail.com](mailto:caracciolo.diane@gmail.com).

## News From GLLT

by TOM HENDERSON, EXECUTIVE DIRECTOR

There are a few exciting things to tell you as the GLLT nears the completion of its 30th Anniversary year of serving the communities in which we live, work and play. First, attendance at the programs offered by our talented docents and Education Director Leigh Macmillen Hayes reached an all time high



LEIGH MACMILLEN HAYES

and participant feedback was overwhelmingly positive. These programs included a new partnership with the Lovell Recreation Department for weekly "Nature Days" provided to approximately two dozen youth. Additionally, the GLLT continues to partner with the Maine Environmental Science Academy at Molly Ockett Middle School to deliver outdoor education programs that complement their curriculum.

In 2016, the GLLT environmental education is going to branch out in a new and special way, which promises to provide families with the opportunity to spend extended stays in nature and develop an intimate appreciation for it. The GLLT owns a rustic, well-maintained cabin at Whitney Pond in Stoneham, where families can "disconnect" from technology and "reconnect" with each other and the natural world. Recently, the Board of Directors approved a two-year trial program allowing members and the general public to enjoy a get-away at Whitney Pond, electronic free in a comfortable, remote setting. We hope to begin taking reservations on February 1 for the 2016 season. This year, we anticipate three conservation easement projects will be completed, each consistent with our goal to build connectivity between protected lands in both the Eastern and Western Wildlife Habitats and Corridor Focus Areas. Projects are also in the pipeline for 2016. If you have an interest in exploring options for your own special places, please contact me at 925-1056 or [tom@gllt.org](mailto:tom@gllt.org).

Check the GLLT's Fall Newsletter and Web site, [www.gllt.org](http://www.gllt.org), for more information about all of our activities.

## Corporate Sponsors

The KLWA has enjoyed a long tradition of partnership with local business. Each of these Corporate Sponsors has made a much-valued contribution to the financial stability of our organization and to the programs that we support. We are most grateful for their continued commitment and for their recognition of the many benefits that a vibrant and sustainable watershed brings to our community.

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### OLD SACO INN

125 Old Saco Lane  
Fryeburg, ME 04037  
Telephone: (207) 925.3737

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548 Main Street  
Fryeburg, ME 04037  
Telephone: (207) 935.3442

### QUISISANA RESORT

42 Quisisana Drive  
Center Lovell, ME 04016  
Telephone: (207) 925.3500



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